

# BREAKING INTO LAUGHTER

Laughing Your Way Through



NIYI MAKINDE



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# Contents

1 Laughing Your Way Through	1
<i>About the Author</i>	7
<i>Also by Niyi Makinde</i>	9



## Laughing Your Way Through

**G**od can make you laugh. The opposite of crying is laughter. It is either you are on the crying side or laughing side. God laughs and He wants you also to laugh. He wants you to laugh regularly.

Psalm 126:1-3 says “When the Lord brought back the captivity of Zion, we were like those who dream. Then, our mouth was filled with laughter, and our tongue with singing. Then, they said among the nations, ‘The Lord has done great things for them.’ The Lord has done great things for us, and we are glad.”

I want you to know that your mouth is about to be filled with laughter. God shall do things that will cause you to really laugh. Crying or laughter doesn’t happen automatically. Something made it happen. So, as you read this book, I want you to know that certain things are going to happen that will cause

you to laugh. God is a surprise maker and He will surely surprise you.

## PROVEN FACTS ABOUT LAUGHTER

1. Laughing makes you younger than your age.
2. Laughing lowers level of stress hormones and strengthens the immune system.
3. Laughing affects the right hemisphere of your brain which enhances reception of inspiration and creativity.
4. Six to seven years old children laugh an average of three hundred (300) times daily while adults only laugh fifteen (15) to one hundred (100) times daily.
5. Laughter affects your spirit, soul and body.
6. Laughter overpowers physical and emotional pain. If someone hurts you or pressure you, practice laughter. If you can laugh, you won't feel the hurt or pressure. Laughter heals pain by causing the body to produce its own natural painkillers.

## THREE KINDS OF LAUGHTER

1. Laughter that shows mockery  
Nehemiah 2:19 reveals Samballat, Tobiah and



Geshem laughed at Nehemiah and others. That kind of laughter is an expression of mockery.

Psalm 2:4 reveals that He who sits in the heavens shall laugh. This is a way of mocking the nations that gathered.

## 2. Laughter that shows doubt

Genesis 17:17 reveals Abraham laughed and said in his heart, 'shall a child be born to a man who is one hundred years old?' And shall he who is ninety years old bear a child?

Genesis 18:12 revealed Sarah laughed.

Verse 13 reveals the Lord said why did Sarah laughed.

Verse 15 reveals Sarah denied that she didn't laugh for she was afraid.

## 3. Laughter that shows Joy

Psalm 126:2 says "Our mouth was filled with laughter and our tongue with singing, then, they said among the nations, the Lord has done great things for them..." That is a laughter of joy.

Eccl. 3:4 reveals "a time to weep and a time to laugh..."

Genesis 21:6 reveals God has made me laugh and all who hear will laugh with me.

## FACTORS THAT MAKE PEOPLE LAUGH

1. Unbelief (this happen when you doubt).
2. Ignorance or arrogance (this is for mockery).
3. Man (Anyone who jokes or crack jokes).
4. Mistakes of others.
5. God.

## WHO CAN'T LAUGH

1. Angels
2. A sorrowful person.
3. A dead person
4. Satan

## WHO CAN LAUGH

1. God: Psalm 2:4 reveals God laughs at raging nations. Psalm 37:13 reveals God laughs at the wicked.
2. Man
3. Animals – Job 41:29

## WHAT ARE GOD'S PROMISES

1. Job 8:20-21 reveals that God will not cast you away when going through attacks, but He will

fill your mouth with laughing. Just as God made Sarah laughed, you shall be made to laugh.

2. Job 5:22 reveals that you shall laugh at destruction and famine.

## PRACTICE LAUGHING

1. Laugh whenever fear sets into your heart.
2. Laugh whenever you are mocked.
3. Laugh whenever you are under pressure.
4. Laugh whenever you are sad.
5. Laugh whenever others are against you.
6. Laugh whenever anyone is angry with you.
7. Laugh when things are not going the way you desire or planned.

## SPIRITUAL IMPACTS OF LAUGHTER

1. It makes the work of the enemies of non effect on you.
2. It puts you in charge and control of circumstances. You will affect what should affect you.
3. It weakens and wearies your enemies.
4. It affords you the privilege to tap into your inner strength.

5. It helps you to break into the joy of the Lord.

## LAUGH YOUR WAY THROUGH

1. You can laugh your way through challenges.
2. Laugh your way through greatness.
3. Instead of weeping, laugh through.
4. Thinking may depress your heart but laughter strengthens your heart.
5. To laugh always is to rise always.
6. Those who laugh are those who last.
7. Laugh your way into your manifestation.



## About the Author

Niyi Makinde is a leadership expert, quotient coach, consultant, author and a Christian minister with an apostolic calling. His passion is to raise Christian ministers and leaders like himself, as well as to help organizations and businesses maximize their potentials.

Apostle Niyi Makinde has been in Christian ministry for over 15 years. He is the President of Rebirth Global Church, a network of churches across the globe on a mission to empower believers to fulfill their God-given tasks on earth. He is an apostolic oversight and covering for many other ministries, networks and churches.

Niyi Makinde has written many books that are fast spreading across places. His books are always

flooded with rich content and great wisdom.

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## Also by Niyi Makinde

Apostle Niyi Makinde has written many other insightful and powerful books, among which are:

1. Divine Instructions
2. 12 Laws of Divine Instructions
3. Breaking Life Code
4. The Revolutionary Apostle
5. The Power to Prosper
6. The Power to Become
7. 53 Laws of Excellence
8. Church Shift
9. Business Sense
10. Dealing with Human Enemies
11. Wisdom for All-Round
12. Wisdom Power
13. Prayer Force (1)
14. Multiply
15. Tithing
16. You Are Different
17. Phronesis for Dating
18. Dating, Marriage and Sex
19. Managing Divine People
20. The Power to Get Wealth
21. Spiritual Fatherhood
22. Managing Divine People
23. Understanding Honor

24. Flourish And Grow (1)
25. Faith Dimension (1)
26. Ministry Laws (1)
27. Secrets to Supernatural (Financial) Abundance
28. Running like the Deer
29. Prayer Force (2)
30. Making Things Happen
31. You Are a Seer
32. 79 Insights Into Favor
33. New Creation
34. Prayer Education
35. 20 Facts about the Human Spirit
36. Supernatural Visions
37. Understanding Church Systems
38. 11 Facts about the Human Mind
39. The Holy Spirit
40. Dominion in the Realm of Abundance
41. Soul Winning Manual
42. Maintaining Sound Health
43. Faith for Abundance
44. New Levels
45. Wisdom for Abundance
46. The Power of Meditation
47. Understanding Supernatural Dreams
48. Stop Multiplying in Affliction
49. Communication Ethics in Ministry
50. Ministry Ethics (1)
51. Warfare for Honor



52. Wave of Increase
53. Praise for Favor
54. Ministers Training Manual
55. Breaking Joy Code
56. The Power of His Name
57. You Are a wonder
58. Roar and Soar
59. The Minister and the Ministry
60. Grace Factor
61. Subdue and Dominate
62. Flourish and Grow (2)
63. Overtake
64. Victory over Afflictions
65. The Power of Patience
66. Stand out
67. Shining like the Sun
68. 30 Channels of Wealth
69. Breaking into Laughter
70. The Power to Dominate
71. Enjoying Health
72. Stronger than the stronger
73. Battle for Wealth
74. Wealth Transfer
75. Maximum Protection
76. The Power to Be on Time
77. Power Activators
78. The Essence of Obedience
79. The Power of words

80. Planting a Branch Church
81. Power Dimensions (1)
82. The Power to Live Long
83. The Power to Deliver
84. The Power to Bless
85. Raising the Dead
86. The Power to Heal
87. The Power to Separate
88. The Power of Diligence
89. Financial Prosperity
90. Business Success
91. On Top
92. How to Live Long
93. Warfare for Long Life
94. The Hand of God
95. On Pornography
96. 11 Streams of Healing
97. Fresh Insight
98. Money Sense
99. The Power of Prophecies
100. High-Flyers
101. Be Creative
102. No Limit
103. Understanding
104. Dealing with Impossibility
105. Highly Favored
106. You Can Prophecy
107. Expand

- 108. Entering into Fullness
- 109. 8 Kinds of Men
- 110. The Headship Anointing
- 111. God is with You
- 112. Church Formation
- 113. Ministers' Personal Development
- 114. Time-Planning
- 115. Manifesting Excellence
- 116. Your Reality Today (Yoreto)

